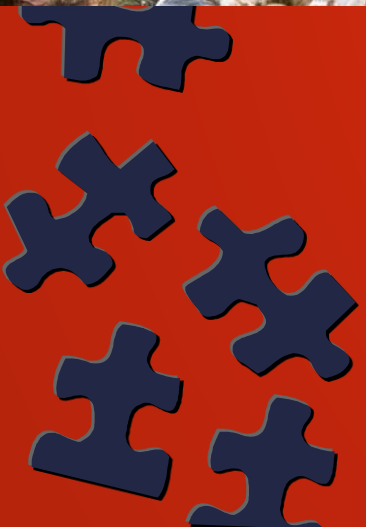




Carlisle High School

Class of 2023



GENERAL TIPS

- Be here and on time! Attendance Matters!
- Learn how to adapt to different teachers
- Grades matter - transcript (weighted vs. unweighted)
- Use infinite campus
- Participate and ask questions
- Do your work



BE ORGANIZED

- System for locker, folders, etc
- Have your supplies for class - ID
- Use class time to your advantage
- Have a plan – Before, During, After School
 - › Set aside time the same time each night to study
- Organization tools
 - › Phone reminders
 - › Calendar items
 - › Planner
 - › Picture of the board
 - › Infinite campus

A "Student Weekly Planner" form is displayed. It includes fields for "Month:", "Days:", and "Year:". The planner is divided into a grid for the days of the week: MONDAY, TUESDAY, WEDNESDAY, THURSDAY, FRIDAY, SATURDAY, and Sunday. Each day's section contains checkboxes for "course assignments" and "activities". To the right of the grid is a "TO-DO LIST" section with a series of checkboxes. At the bottom, there is a small copyright notice: "For more personal organization resources, visit www.oremedy.com ©Adonology, Ltd."



GET INVOLVED

- › Check Daily Announcements
- › [Clubs & Organizations](#)
- › [High School Website](#)
- › [Silver Cord](#)
 - 200 hours in four years
- › Record ALL Activities
 - Naviance Student
 - › Username: lastname.firstname
 - › Password: ID number



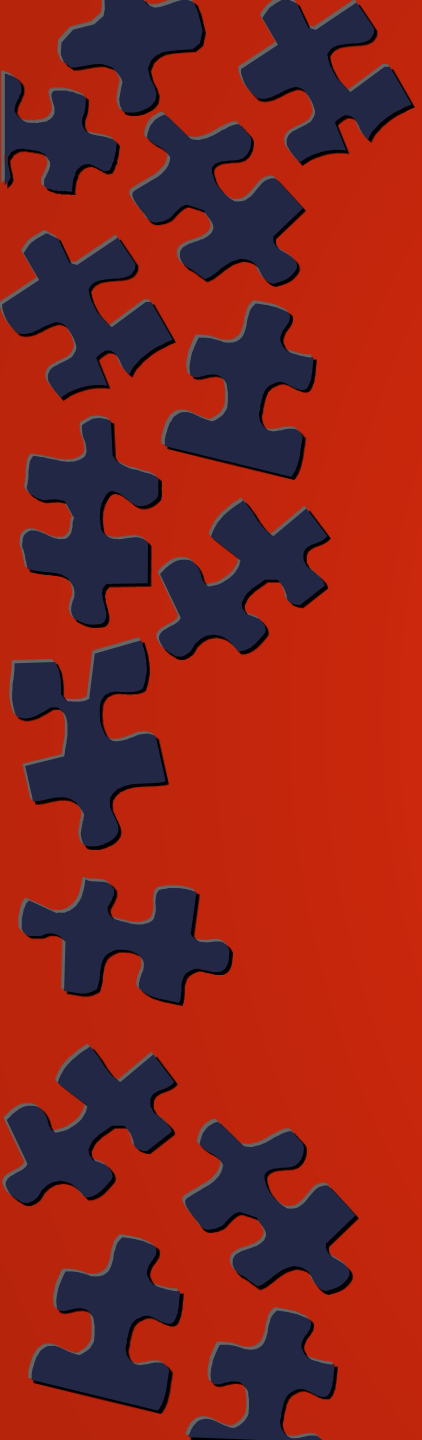
BE INVOLVED

STUDENT AND
CLUBS
ORGANIZATIONS

RESOURCES

- › Teachers
- › Counselors
- › School Resource Officer Hauser
- › Food Pantry – ANY TIME
 - Open 1st and 3rd
- › Student Assistance Program (SAP)
 - › (515) 244-6090
- › Crisis Text Line: 741741
- › Office
- › Library





A word cloud graphic centered on a white background, tilted diagonally. The most prominent word is 'PERSEVERANCE' in large, bold, black letters, set within a yellow diagonal banner. Surrounding it are various related terms in different sizes and orientations, including 'GROWING', 'HARDWORK', 'GOAL', 'ACHIEVE', 'DEDICATION', 'COMMITMENT', 'SUCCESSION', 'ENDURANCE', 'PATIENCE', 'TENACITY', 'DILIGENCE', 'PURPOSE', 'COURSE', 'GROW', 'ACHIEVE', 'IMPORTANT', and 'STRONG'. The background of the white area is decorated with faint, repeating '123RF' watermarks and camera icons.



Non-Gritty Statements

- I am going to take classes to keep a 4.0.
- I am not going to go out for an activity unless I can participate at the varsity level.
- I am not going to stay late at my part-time job or do any extra duties that are not assigned.
- I emptied out the dishwasher yesterday, I am not doing it today.

Gritty Statements

- I am going to take a class that challenges me where I may not get an A.
- I will go out for an activity no matter what level I participate.
- I am willing to do whatever I can to help out at my job and I don't need to be paid extra. Is there anything else?
- I can do around the house without being asked? It will only take me a few minutes anyway.



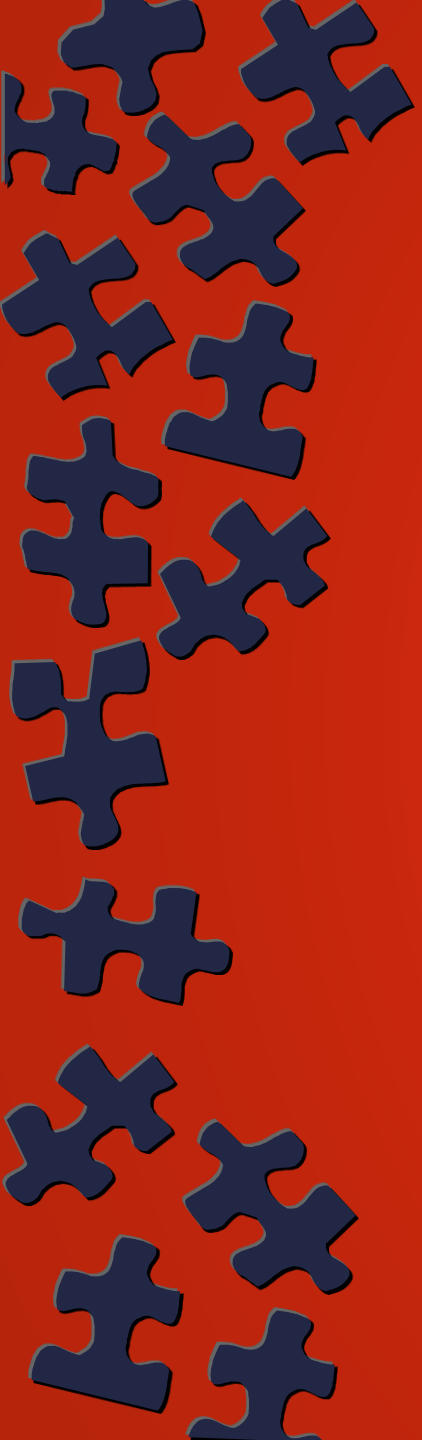
FINAL REMINDERS

Make the best of high school - Don't worry too much about having the "perfect high school experience"

Seek out resources

Don't be afraid to challenge yourself

DON'T QUIT!



ANY
QUESTIONS
?